January 2022 Newsletter

# Georgetown Village Neighbors Helping Neighbors Thrive

## Engage. Connect. Support

www.georgetown-village.org Tel: 202-999-8988

Dear GV Members,

After celebrating our 10<sup>th</sup> Anniversary online last month we are looking forward to working to help GV continue to grow and improve. This month we are hosting our first, ever Town Hall online. We really want all our members and volunteers to attend, learn about new Village services, share their thoughts, and get involved! See back of newsletter for more information.

We are also increasing our staff in January. I am very pleased to welcome Adriana Carr to our team! Adriana has been hired as our part-time Member/Volunteer Coordinator and you will be meeting her during the month, and at our town hall.

On December 21 the Executive Board voted to accept the Health Care committee recommendation to pause all in-person programming through the end of January. Therefore, all programs this month will be on the phone or zoom.

From our Health Care Committee: We take our responsibility as a community organization very seriously and we make this recommendation in an effort to do our part to try to decrease transmissions and mutations of the virus, and in concern for the health of our individual members as well as the community. Therefore, the Health Care Committee recommends that the Georgetown Village suspends all in person activities through the end of January 2022.

One of the many on-going services that we provide to our members is access to a case manager. See back of newsletter for an article from our case manager, Barbara Scott, about the services she provides. If you would like to meet with Barbara, just call or email me and I will have her contact you to set up an appointment.

The board joins me in wishing you all a happy and healthy New Year,



<u>Sunday</u> Jan 30-3 pm GV Town Hall-see back for more information.

<u>Mondays,</u> Jan 3 -Covid Call w/Health <u>Care Committee</u> 10:30 am-Dial:(1) 267-801-9495 Access Code190-486-505

Jan. 3, 10, 24 & 31 4 pm-Stronger Memory Group 1 Meetings

Jan 10-Book Discussion 10:15 am-Socialize 10:30 am-Book Discussion-"Born A Crime" Mtg ID 840 9701 2100 PW- 943 815

<u>Wednesdays</u> Jan 5,12, 19, 26 4:30 pm-Stronger Memory Group 2 Meetings

<u>Thursdays</u> 10:30 am-Coffee Talkonline. Meeting ID 881 0691 6420 Passcode 936205

<u>Jan 13</u> 2 pm-Multi Village Art Program-Art Introspection-Watch email blasts for info

<u>Saturday, Jan 22 7:30 pm</u> Carr-Petrova Duo-see back for more information

Lynn

### Saturday January 22-Online Happy Hour-7:00 pm Carr-Petrova Duo: Stories and Dreams-7:30 pm

Our programming committee has arranged for members to purchase tickets at a discounted price of only \$18.20 for this Notes from Home concert offered by Dumbarton Concerts. Notify them that you are a member of Georgetown Village when purchasing your ticket by calling 202-965-2000.

GV Co-President Carol Kelly is hosting an online Happy Hour prior to the concert. Let us know that you are attending the concert and we will send you the information to join Carol as well.

Molly Carr and pianist Anna Petrova are rapidly earning accolades for their fiery musical expression, refined artistry, and relentless dedication to social initiatives. They have won international prizes and have been featured in venues ranging from Amsterdam Concergebouw and Lincoln Canter to soup kitchens and New Orleans food pantries.

#### Sunday, January 30 -3 pm Georgetown Village Town Hall Meeting Meeting ID-858 3814 5792 Passcode-183489

Our board members and staff have been working very hard to bring a number of improvements to Georgetown Village. We have a new website, a new data system, and some new services to tell you about! Join us on Sunday, January 30 to learn about new benefits to being a member of Georgetown Village.

We will also discuss ways for YOU to get involved and you will hear from some of our Committee Chairs who can use more help with their work for the Village. We hope you will attend this meeting and think about ways you would like to get involved in Georgetown Village and help us improve. If you are not able to go online you can call into the meeting by dialing 301-715-8592 and using the Meeting ID and Passcode above.

#### Barbara Scott Offers Case Management Services for GV Members

As the case manager for the Georgetown Village, my role is to provide members with expertise and resources in navigating unanticipated events that can befall us as we age. Remaining in our homes as we age can be an important and wonderful experience, but we also must be prepared so that our home remains a safe and comfortable environment. In addition, sometimes life throws us a few unanticipated curveballs, and one of my roles for Village members is to help you navigate difficult times whether a hospital stay, the need for rehab, or the loss of a loved one.

There are several ways in which I can help you. One of the most effective is by arranging a home visit (which I have done with some of you) where I can learn about your current living situation, your general health, and the types of services that you may require ranging from meal delivery, transportation, home health aides, support groups to identifying resources for legal and financial help. As your case manager, I am here to make aging in place a positive experience, whether navigating routine day-to-day activities or being a valuable resource in the event of a crisis.