Georgetown Village Neighbors Helping Neighbors Thrive

www.georgetown-village.org Tel: 202-999-8988

Dear GV Members,

Unfortunately, as I write the Covid positivity rates are rising in our area and across the country. We are Georgetown Village are moving forward with our programming and events in a way that is as safe as possible. As you will read in the attached letter from our Development Chairs-Barbara Hall and Gail Nordheimer, we have postponed our fundraiser until the spring out of concern for the safety and health of our members and donors.

Our programming committee chairs, Carol Kelly and Emily Sommers have been scheduling in-person trips that can take place outdoors in order for us to be able to offer our members interesting programming while remaining healthy. This month, we will tour the outdoor exhibit at Hillwood Gardens and enjoy lunch in the tent, details on back page. On October 14 we have made reservations at Barrel Oak Winery and reserved a van to drive our members there for an outdoor wine tasting.

In addition, we are continuing our popular Cocktails, Conversations and Community programming. This month we are extremely fortunate to have Tommy Wells speaking about our changing climate and how it is going to impact us and our city.

Our Book Group is moving their book discussion to the outdoor back patio of City Sliders for discussion and those who are interested will be able to enjoy lunch together after the discussion. The discussion of the memoir "With a Daughter's Eye: Memoir of Margaret Mead and Gregory Bateson will take place on September 20,

Read the important information from Pam Godwin on the back of this newsletter and join us for our Covid Information Call on September 13th with any questions. (NOTE NEW PHONE NUMBER) Be sure to discuss vaccine information with your primary care provider.

We are also partnering with neighboring Villages to share an art therapy student from GW, more info on back page.

Stay well,



Mondays September 6 **Office Closed-No Meetings** Labor Day Sept.13,20 & 27 4 pm-Stronger Memory Meetings September 13 10:30 am-Health Care Committee **Covid Information Call-**Note NEW Phone number! Dial-1-(267) 807-9495 Access Code:190-486-505# Sept. 20-Book Discussion **City Sliders-1529 Wisconsin** Ave. NW-Back Patio Area 11 am-Book Discussion 12 pm-Lunch for those who want to stay

Wednesday Sept 29 Introductory Art Class-info on back and in email blast

Thursdays 10:30 am -Coffee Talk-St. John's Church-3240 O Street - Enter wooden door on Potomac Street <u>Sept. 9</u> 5:30 pm-CCC Program-What does a Changing Climate Mean? More Information on back <u>Sept. 23</u> 1:00 pm-Hillwood Estates and Garden-Lunch & Tourmore info on back

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CCC-What Does A Changing Climate Mean for DC with Tommy Wells Thursday, September 9-5:30 pm

On Thursday, Sept 9, Tommy Wells, Director of Department of Energy and Environment, District of Columbia, will discuss the rapidly changing climate and how it will impact DC's "live-ability". He will also share what his department is doing to mitigate greenhouse gasses caused by city activities. Tommy Wells was appointed in January 2015 and works with 300 professionals to assume the best possible environmental approach for DC. He was previously a long serving member of the City Council representing Ward 6.

To call in and listen to this presentation dial 301-715-8592 Meeting ID-831 8398 8744 PW 629046 Invite your friends-Information to join these programs on Zoom will be in email blasts.

Hillwood Estate Lunch and Gardens-September 23 1-3 pm

Please join us for an in-person visit to Hillwood for an event hosted entirely outside. We have reserved room for up to 15 people to join us for lunch under the tent at Hillwood at 1 PM. Lunch will be followed by a self-guided tour of the grounds including the outdoor exhibit, "Rich Soil," a three-dimensional sculpture garden exhibit. To reserve for the event, please contact the office no later than September 15 for lunch information and to discuss transportation. Hillwood requires all lunch reservations to be confirmed a week in advance with lunches ordered. The first ten people who sign up will receive a complimentary ticket to join us at Hillwood, and members, of course, visit for free.

Covid & Influenza (Flu) Vaccine Information By Health Committee Chair Pam Godwin APRN, BC, LTC (Ret.)

As we get ready for our Flu Vaccines and Covid boosters the following information should be helpful. Typically, if it takes 2 weeks for a vaccine to come to full effectiveness, I would then suggest vaccines be spaced by 2 weeks. Although it is not unusual to give several travel vaccines at the same time as DPT is a 3 in 1 shot, at this time, we have plenty of time. I do not recommend these vaccines be taken together. I do however, suspect in fall 2022 they will combine both in one shot. I would suggest COVID vaccine first as it may be the more important one to get, so if people are lax and do not schedule the second influenza vaccine, they have gotten the more important vaccine. Last fall/ winter there were far fewer influenza cases due to social distancing and masks. Currently the COVID booster is due 6-8 months after the last COVID vaccine. Typically, influenza does not come to our area until late December/January therefore influenza vaccines should be given late November/early December. Influenza vaccines optimal effectiveness lasts 4-6 months. I believe most of GV members are "due" for their COVID booster in September & October, therefore spacing wouldn't be an issue.

Art Class with Laura Mahon-September 29 @ 11 am

We are very excited to be offering out members an online Art Class once a month with GW Graduate Student, Laura Mahon. We will be offering participants the opportunity to create art based on your life experiences and memories. More information will be available in upcoming email blasts, or call the office for more information. We really hope you will try this new program!