



## **Georgetown Village**

### **Neighbors Helping Neighbors Thrive**

### **Engage. Connect. Support**

[www.georgetown-village.org](http://www.georgetown-village.org) Tel: 202-999-8988

Dear GV Members,

March was a very exciting month in our Village! Our new Member and Volunteer Coordinator, Bethany Whitfield joined our staff and we look forward to your meeting her at one of our many activities in the Square.

We were also able to officially open our new Village Square, and this month we are offering several programs in-person. We are sharing a separate calendar for programs in the square, they are not listed on the newsletter. I hope you will join us to enjoy our new space, meet up with other members and volunteers, and participate in some of these exciting programs.

Remember, our new office address is 1801 34<sup>th</sup> Street NW, the building and parking lot are accessed via 34<sup>th</sup> Street using the driveway immediately past Hardy School. To access the parking lot press 3399# and the gate will open slowly.

In addition to our programming in the Village Square, we also have a trip planned to Brookside Gardens in Wheaton. Join us to walk through the lovely gardens and enjoy the spring flowers. RSVP by April 17 and we will arrange carpools for the trip.

We have two very interesting online CCC programs this month. Protecting and Maximizing Your Retirement Income with David Hurwitz on April 19. On April 26 our Health Care Committee is again partnering with our Program Committee to offer an online program, "Hospital at Home". See back page for descriptive information about both programs.

Remember, our exercise class meets on Mondays at 11:30 and is free for members! Join us to stay healthy and improve your balance to avoid falls.

All the best,  
Lynn

#### **Mondays**

**April 3, 10, 17, 24 - 11:30 am**

**11:30 am Basic Training 4  
Your Body-Georgetown  
Village Square-1801 34<sup>th</sup>  
Street**

**4 pm-Stronger Memory Online**

**April 17 11 am-1801 34<sup>th</sup>**

**Street NW Book Discussion-  
The Noise of Time by Julian  
Barnes**

#### **Tuesdays**

**April 4-**

**4pm-Health Care Committee  
Meeting # 873 0610 8012  
Passcode:528 315**

**April 18**

**11:30 am-Volunteer Training**

#### **Wednesdays**

**April 12-12:00 pm**

**12:00 Men's Lunch-City Sliders  
1529 Wisc. Ave NW**

**April 19**

**11 am-Brookside Gardens-  
sign up by 4/17**

**5:30 pm-CCC-Retirement  
Income Information-see back  
April 26**

**5:30 pm-CCC/Health Care  
Committee Joint Program-  
Hospital at Home -see back**

#### **Thursdays**

**April 6, 13, 20 & 27**

**11 am-Coffee Talk-GV  
Square-Coffee Talk is back!  
Meet us at the square for  
conversation and enjoy the  
company of other GV  
Members and Volunteers**

Health Care Committee Call Moves Online  
Tuesday, April 4 @ 4 pm  
Meeting ID-873 0610 8012 PW 528315

Join our Health Care Committee at this new time and format to learn about health related issues in the news and ask questions. Watch the email blast for more information about this month's discussion topics.

Protecting and Maximizing Your Retirement Income  
Presented by David Hurwitz  
Wednesday, April 19-5:30 pm  
Meeting ID: 825 4018 3699 Passcode:174978

David Hurwitz will discuss how to set up a retirement-income stream consistent with your retirement goals, how to plan for inflation, economic challenges, and a long retirement. He will also discuss how to utilize various investment vehicles. There will be time for questions following his presentation.

David Hurwitz is a Certified Financial Planner Practitioner as well as a Chartered Retirement Planning Counselor and has been named "Best Financial Advisor" by the readers of Bethesda Magazine.

*Hospital at Home* Movement  
Dr Haile Mariam  
Wednesday, April 26 -5:30 pm  
Meeting ID 881 8498 6470 Passcode: 281 615

Learn more about this movement to provide medical care to patients in their homes. There have been studies done that show the economic as well as psychological and physical benefits to patients who are discharged early from hospitals or treated at home. As we know, telemedicine, and other types of remote medical care, really blossomed during the COVID pandemic. Patients treated at home due to physical distancing were able to get reimbursed by Medicare and their private insurance.

The above factors have encouraged those interested in the *Hospital at Home* concept to reevaluate the possibilities of bringing this idea to more communities, and the idea is gaining popularity in other countries, such as Australia, Canada, and several in Europe.

Dr. Mariam, of George Washington University Hospital, will join us to present more information about this concept and answer your questions.

This presentation is a joint program offered by our Health Care Committee and Programming Committee, we hope you will join us to learn about this growing movement and how it might affect your healthcare in the future.