



Georgetown Village

Neighbors Helping Neighbors Thrive

Engage. Connect. Support

www.georgetown-village.org Tel: 202-999-8988

A Letter from GV Board President, Carol Kelly

Welcome to fall of 2023, plus our fall and winter programs and services! I write to update you on our new board members, thank those who just left the board and provide some highlights for the rest of this year. Please contact me with any comments!

Of key interest, we have four incredibly talented and dedicated. Board members who joined the board in September. Judith Bunnell has founded successful businesses and leads in local Ministry efforts in our community. We are grateful she has agreed to use her talents to chair our Communications and Marketing Committee. Michael Lacour-Little recently retired from Fannie Mae where he provided strategic direction to the organization in its senior management ranks. He worked for many years in the banking industry, taught at USC, and has both a PhD and an MBA. Michael will serve as assistant treasurer, working with Josh Kuhnert. Elizabeth Greenwold joins our board as assistant secretary, working with Emily Sommers, after Betty's many years of dedicated successful service on The board of Hillandale in Burleith. Finally, Patty Murphy is part of the group that stepped up to found our Village, has provided service consistently to the Village, and retired recently from the National Security Agency. She will continue to work on our outstanding Programs with our Program Committee. I must also acknowledge the efforts of Motrya Hanas Calafiura, Diana Dennett, Resha Putzrath, and Jessica Salgado, who have moved off the board, but pledged to continue with our committee efforts.

I end with a couple of notes about our future. On the program front, please note the first Bill Plante Conversation **on October 19 with 60 Minutes Executive Producer, Bill Owens**. Our deepest gratitude goes out to Robin Smith for making this series and the October event possible! Please also note that our **12th Anniversary party** is set for the evening of **December 6**, mark your calendars! The Village Square, as Board Member, Michele Seiver predicted, has been a game changer for us. Thanks to her efforts we have this wonderfully decorated space.

As always, thanks to our dedicated staff team of Lynn Golub-Rofrano Varnita Holtzclaw, and our newest staff person, Bethany Whitfield, who lead and foster our efforts with their daily dedication. Any comments, please let me know!

Mondays

Oct. 2, 9, 16, 23, & 30-11:30 am

**Basic Training 4 Your Body-
Georgetown Village Square-(GVS)
1801 34th Street**

4 pm-Stronger Memory Online

**Oct. 16 Book Discussion-Evicted
by Matthew Desmond-GVS**

Tuesdays

Oct. 10 10:30 am

**Health Care Discussion Hybrid
Meeting-at GV Square &
Online 827 2873 7032**

Passcode: 539162

**Oct. 24-2-4 pm-Drop-In Tech
Support-GVS**

**Oct 31-2:00 pm-Membership
Committee Meeting-Hybrid**

Wednesdays

Drop by the Square 11-4

Oct. 4, 11, 18, 25-11:30

NEW-Yoga Class at GV

**Oct. 4-5:30 pm GVS Social Hour
6:30 pm-Dr. Eric DeJonge-What
is Possible in Home-Based Care**

Oct 11 -12:00 pm

12:00 Men's Lunch-City Sliders

3:00-Program Committee Mtg

Oct. 25

12-Lunch at Café Divan

**2-Tour of Cosmos Club-Cosmos
Club**

5:15-Movie Night-Barbie-GVS

Thursdays

Oct. 12 12 pm

**Women's Lunch-Peacock Café
2 -4 pm**

Drop-In Tech Support

Oct. 19-6 pm Bill Plante

Conversations-Bill Owens

**Oct. 26 Tech Hub-How to Create
Photo Books-GVS**

**New Benefit for GV Members-Weekly Yoga Class
Taught by Alice Wylie
Wednesdays at 11:30 am**

We are thrilled to be able to offer our members the opportunity to participate in a weekly Yoga class with Alice Wylie. A former professional dancer, she received her Bachelor of Science in Ballet and French at Indiana University's prestigious School of Music. Alice had a 15-year performing career, during which she toured internationally. In addition to Yoga, Alice teaches Pilates, and dance. Alice is thrilled to be teaching at Georgetown Village and looks forward to sharing her love of movement with the community.

October will be our "intro to Yoga" month where we will focus on the seated and standing Chair Yoga sequences. Our sessions will be 45 minutes long, and no props are needed for the first month, as you get to know the practice and Alice gets to know you. She will explain how a yoga mat/blanket/strap can be used for future sessions and you can decide if it is something you want to work with. Starting in November, the classes will be 60 minutes.

**Wednesday, October 4, 2023
Social Hour & Light Dinner-5:30 pm
Dr. Eric De Jonge-What is Possible in Home-Based Medical Care-6:30**

Join us for a light dinner and social hour, prior to Dr. DeJonge's presentation sharing information about home-based medical care. Dr. De Jonge is the Section Director of Geriatrics for Medstar Washington Hospital Center. In 1999 he co-founded the Medical House Call Program at MedStar Washington Hospital Center. Dr. De Jonge believes that "Enabling frail elders to continue to live in their homes promotes their health and dignity."

Dr. De Jonge was elected as president of the American Academy of Home Care Medicine (AAHCM), in 2017. AAHCM is a professional society for physicians, healthcare professionals and agencies interested in improving care of patients in the home. We hope you don't miss this valuable program and the opportunity to learn about your options for health care as you grow older. RSVP by October 3, if possible.

**The Bill Plante Conversations
Bill Owens
October 19, 2023 6 pm**

We are thrilled to host Bill Owens, Executive producer of *60 Minutes*, as the inaugural speaker of the Bill Plante Conversations series. Robin Smith, will host this conversation with Bill Owens, sharing his thoughts about today's media and other topics. As we shared at our Spring Fundraiser, thanks to Robin's generosity, we will be hosting big name speakers throughout the year as part of The Bill Plante Conversations.

Join us for this exciting program, space is limited so make your reservation early!