



GEORGETOWN VILLAGE 2023

Neighbors Helping Neighbors Thrive



2023

GV's Year at a Glance

2023 was a pivotal year for Georgetown Village. GV moved into its new home inside the Fillmore School building on 34th St. NW, and opened the Village Square, a vital communal space for all members and volunteers to enjoy. Thanks in large part to this new Village Square, GV offered more programs in 2023 than we ever have before.

Total Events & Programs

260



Average Number of Events Each Week

5



Total Event Participants

1580



Total Unique Participants

320



Total Village Members

178

New Members Who Joined in 2023

32

2023 Membership Increase vs. 2022

7%

Reach out today to learn how you can join the Village!



202-999-8988

www.georgetown-village.org



A Message from GV President Carol A. Kelly



What a difference a year makes! Please think back to winter of 2023 when we had just moved into the Fillmore School and before the Square was named and

decorated. This change in our space and location has enhanced completely our ability to meet our mission for the membership, which remains allowing our members to age gracefully in our community and creating social connections to break down social isolation. This report demonstrates how ably our team and volunteers met the mission in 2023!

What can you expect from us in 2024? We just hosted a Town Hall meeting at the Square in January to receive feedback from our members and volunteers on our programs and services. You can expect the programs and services which are

always a hit with members to continue, while we try others and improve ones that are ongoing. The incredible Bill Plante Conversations sessions will happen again with Robin Smith as both our host and sponsor. I am also happy to let you know of another terrific Gala overlooking the Potomac at the home of Nancy Taylor and Alan Bubes in May. We will be honoring Dr. Sachiko Kuno and thanking her for her generosity.

In short, we continue to serve and learn as Georgetown Village ages in place itself! Many thanks to the Board of Directors who volunteer their time and our wonderful staff team of Lynn, Bethany, and Varnita. We must also acknowledge the support of our volunteers and the local community. Not possible without all of them!

I offer a final note of appreciation to Dr. Kuno and her team at S&R Evermay who are constant and indispensable supporters of our Village.

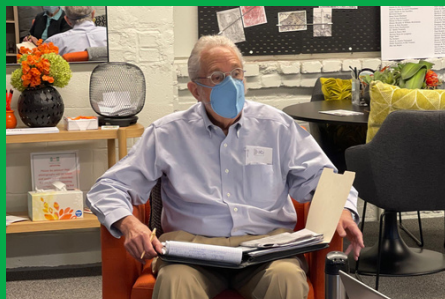
See you soon!

Carol A. Kelly

MORE 2023 NOTEWORTHY NUMBERS



**348 ATTENDEES
AT GV EXERCISE
CLASSES**



**107 ATTENDEES AT
HEALTHCARE
PROGRAMMING**



**57 ATTENDEES AT
TECH SUPPORT IN
THE GV SQUARE**



**Attendees at the
First Bill Plante
Conversations Event**

67

**Attendees at
GV Lunches**

126

**Attendees at Movies
at the GV Square**

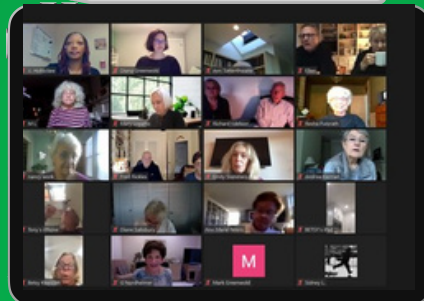
73

**Attendees at Museum
Tours & Other Outings**

79



**78 ATTENDEES AT
GV BOOK CLUB
DISCUSSIONS**



**OVER 100 UNIQUE
PARTICIPANTS AT
CCC PROGRAMS**



**103 ATTENDEES AT
SOCIAL HOURS IN THE
GV SQUARE**

Fighting Social Isolation, with the Help of Our New Communal Space

At Georgetown Village, we provide opportunities for adults ages 55 and up to build a sense of connection, engagement, and community. The opening of our new Village Square in March 2023 has played an integral role in expanding our programming and increasing the number of socially and culturally enriching events available to our members.

In May, Surgeon General Vivek Murthy declared a public health crisis of loneliness, isolation, and lack of connection in our society. Research has shown that isolation is as dangerous as smoking three packs of cigarettes a day. A recent report states that isolation can lead to a 29 percent increased risk of heart disease and a 32 percent increased risk of stroke. In addition, isolation increases risk of premature death by more than 60 percent and the risk of developing dementia by 50 percent.

At Georgetown Village, we are fighting this trend and helping older adults thrive in our community.



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GV VOLUNTEER SERVICES

In 2023, GV volunteers went above and beyond to provide a variety of services to help Georgetown Village members thrive. From providing transportation to medical appointments, to making daily wellness phone calls, GV volunteers ensure members have the assistance they need to age in place successfully.



1,110
VOLUNTEER
SERVICES
COMPLETED



20 PERCENT
INCREASE
VS. 2022

2,672
VOLUNTEER
HOURS
SERVED



37 PERCENT
INCREASE VS.
2022



80-Plus Active Volunteers

The GV volunteer force increased by 20% in 2023, enabling us to better serve more older adults.

Volunteer Services
**ARE JUST A PHONE
CALL AWAY**



The 1,500-plus phone calls Georgetown Village received in 2023 were answered promptly by an actual person, in order to ensure our members receive the service they deserve. In an age where it can be difficult to get through to a real human being, GV members can rest assured we always pick up the phone when you call.



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326

Transportation Requests Fulfilled



Rides to medical appointments, grocery stores, GV programs, etc.

68

Meals Cooked for GV Members



Meals cooked and delivered to members by GV volunteers

56

Grocery Shopping Runs Fulfilled



Grocery shopping completed by GV volunteers and delivered directly to members

44

In-Home Tech Support Visits



Tech coaching, printer repair, TV installation, and more

21

Prescription Pick-Ups



Prescriptions delivered directly to members by volunteers

347

Friendly Wellness Calls



Wellness check-in calls made to GV members by volunteers



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LEARN HOW TO BECOME A GEORGETOWN VILLAGE MEMBER OR VOLUNTEER TODAY!



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We are located at 1801 34th St. NW, inside the
Fillmore School building.