



Georgetown Village

Neighbors Helping Neighbors Thrive

Engage. Connect. Support

www.georgetown-village.org Tel: 202-999-8988

Dear Georgetown Village Members and Friends,

It was great to see so many of you join us at our Annual Town Hall. These meetings offer us the opportunity to hear new ideas and discuss ways Georgetown Village can continue to improve. We have already begun to act on some of the comments we heard, and we will continue to address them in the months ahead.

The first idea we are implementing is a renewal of our weekly grocery shopping trips. Prior to the pandemic, we offered a weekly opportunity for members to take a trip to the grocery store with a volunteer. Bethany will be sharing more information about this service, and if you are interested, feel free to contact Bethany.

We are also offering two programs in April as a response to requests we have received from members for more information in these areas. With the help of Dr Rickles and our Healthcare Committee we have scheduled Dr. Richard Katz to give a presentation on Heart Healthy Nutrition. We have lunch and discussion scheduled with Teresa Schnur who will discuss the many options for end-of-life plans.

We also heard a request for a monthly women's lunch as the men's lunch sounds like so much fun! If you are interested in getting together with other GV women for lunch monthly, let us know and we will connect those who are interested.

These plans are in addition to our regularly enjoyed programs. We have a fun social hour in March, with our favorite mixologist, Joseph Olchefske, talking about After-Dinner Drinks. Movie Nights, Exercise classes, Mahjong, Book Discussions, something for everyone! Join us! We are in the process of scheduling the craft circles for March and April-see the weekly email for info.

Be sure to mark your calendars for our Annual Spring Fundraiser, May 7. This year we honor GV member Kitty Kelley. We are thrilled to honor Kitty for her many contributions to our community!

*Looking forward to seeing you all in the new year,
Lynn*

Mondays

11:30 am

Basic Training 4 Your Body-

1pm Mahjong @ GVS

4 pm-Stronger Memory-Online

March 9 & April 13 10:30 am

Book Discussion:

March-The God of Small Things

April-The Maniac

Tuesdays

March. 10 & April 14-10:30 am

Health Care Discussion-

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March 31-3:00 pm

Volunteer Orientation

April 21-2:00 pm

Tech Support -please rsvp if possible

Wednesdays

March.18 & April 15

12:00 -Men's Lunch-Pinstripes

March 25

3:00 pm-AED Training

5:15-pm-Social Hour

w/ Mixologist Joseph Olchefske

April 8-11:30 am

Renwick Gallery-Tour of "State Fairs:

Growing American Craft

April 22-5:30 pm

Special Social Hour- Heart Healthy Nutrition with Dr. Richard Katz

Thursdays

11:30 am Exercise Class

March 5

Philadelphia Flower Show

March 12-5:15 pm

Social Hour with Jessica Bielgik

March 19 & April 19 -5:15 pm

Movie Night

March 26-2 pm-Tech Support

April 23-1 pm

Lunch & Discussion-End of Life Planning with Teresa Schnur

Please note-unless otherwise Indicated the program takes Place in our Village Square.

Social Hours with Your Health in Mind!
March 12-5:15 pm-Jessica Bieligm
April 22-5:15 pm-Dr. Richard Katz

Jessica Bieligm is a Georgetown Village volunteer who is working on a very interesting health care app that makes it easy to record and organize medical notes. Jessica will present the app's abilities, ask your thoughts and answer any questions. After the presentation we will enjoy Social Hour.

Dr. Richard Katz is visiting us to share a presentation on Heart Healthy Nutrition. This is a topic that we know is of interest to our members. Some of you have asked for more information to help you with meal planning and staying healthy.

We thank Dr. Rickles and the Healthcare Committee for helping us to schedule these programs in our effort to continue to assist our members with information.

March 25
3 pm-AED Training
5:15 pm-After Dinner Cocktails-The Art of the Nightcap

We are very excited to have received a grant from the DC Fire Department for a free AED machine and training! This machine has saved many lives, and we want to offer all our members and volunteers the opportunity to be trained on using the machine. This training will enable you to help others wherever you are! AED machines are available in theaters, restaurants, public buildings, schools, and office buildings. Please plan to join us for this important program.

Following the AED training, we have a fun social hour planned with our favorite mixologist, Joseph Olchefske. Joseph will be talking about After Dinner Drinks, sharing a few of his favorites, and educating us on their history. If you have attended one of Joseph's presentations, you know how entertaining and informative he is, so come for the AED training and stay for the fun!

April 8-11:30 am
Tour at the Renwick Gallery-State Fairs: Growing American Craft

Our program committee has arranged for GV members to enjoy a private tour of this interesting exhibit. This is the first major exhibition to survey American state fairs' extraordinary and unconventional crafts from the nineteenth century to the present. The exhibition includes exceptional examples of American craft, highlighting personal stories and regional and cultural traditions. The exhibit also offers a perspective on the social power of fairgrounds across the United States. Join us to enjoy show-stopping spectacles like the size 96 boots of Big Tex, a life size butter cow, and other amazing fair entries. **RSVP by April 6.**